

- 1. The patient should not receive an indwelling urinary catheter: a. if the patient has a confirmed urethral injury **b.** if the patient has a suspected urethral injury c. as a means of managing urinary incontinence d. all of the above 2. The patient should be placed in the _____ position before beginning the procedure. a. prone b. supine **c.** Trendelenberg **d.** any of the above 3. Urethral catheterization does not need to be performed under sterile conditions. (True/False) 4. Before beginning the procedure the first thing that should be done is: a. hand hygiene **b.** opening the kit and donning sterile gloves c. opening the kit and placing the absorbent pad d. opening the kit and draping the patient 5. The absorbent pad should be placed under the patient: a. after donning sterile gloves, **b.** before performing hand hygiene, c. before donning sterile gloves, d. after cleansing the urethral meatus 6. When catheterizing a female patient you should use _____ to locate the urethral meatus. a. your dominant hand **b.** your nondominant hand c. both hands d. neither hand 7. When catheterizing a male patient you should use _____ to retract the foreskin (if present) and stabilize the shaft of the penis. a. your dominant hand **b.** your nondominant hand c. both hands
- 8. After handling the penis or labia this hand is now considered non-sterile and should not be moved from this position. (True/False)
- 9. If resistance is met when inserting the catheter force the catheter until it begins to advance smoothly. (True/False)
- 10. When catheterizing a female patient, the catheter should be advanced:
 - a. just past the retention balloon

d. neither hand

- **b.** to the level of the side channel
- **c.** until the catheter can not be advanced any further
- **d.** until the flow of urine is seen then $\frac{1}{2}$ 1 inch more



- 11. When catheterizing a male patient, the catheter should be advanced:
 - **a.** just past the retention balloon
 - **b.** until the flow of urine is seen then $\frac{1}{2}$ 1 inch more
 - c. to the level of the side channel
 - d. until the catheter can not be advanced any further.
- 12. The retention balloon should be inflated:
 - **a.** after confirming proper placement of the catheter
 - **b.** before the catheter is inserted
 - **c.** while advancing the catheter
 - d. after securing the catheter
- 13. _____ should be used to inflate the retention balloon.
 - **a.** Air
 - b. Saline
 - c. Sterile water
 - d. Any of the above
- 14. Proper placement of the catheter can be confirmed by observing the flow of urine. (True/False)
- 15. After securing the catheter, place the collection bag:
 - a. on the floor under the bed
 - b. below the patients waist
 - c. in the patients lap
 - d. on the IV pole
- 16. Patient should be reassessed to determine whether they meet indications for a urinary catheter:
 - a. each week
 - **b.** every 3 days
 - c. each day
 - **d.** once a month
- 17. Before removing the catheter the balloon should:
 - **a.** be partially deflated
 - b. not be deflated
 - c. be drained and refilled with saline
 - **d.** be completely deflated
- 18. If there is difficulty removing the urinary catheter you should consult a specialist. (True/False)